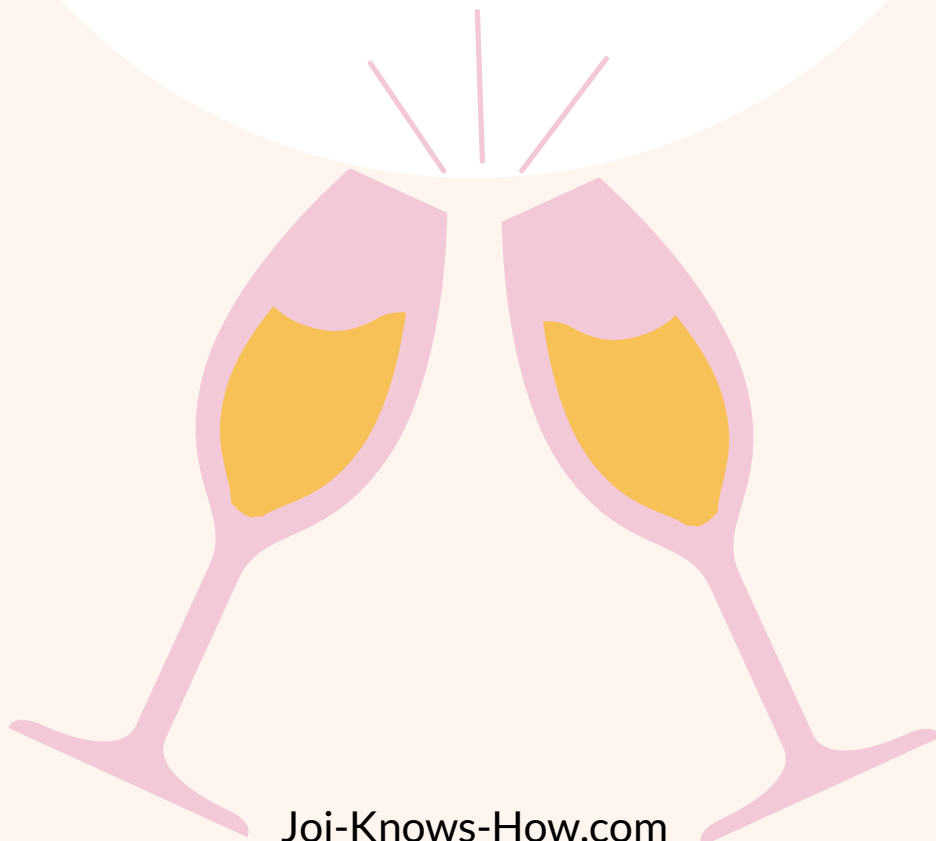




A Joi Knows How Guide

30 WAYS TO CELEBRATE YOURSELF

*Because we all skip this step
(and it's the most important one).*





I'm creating this guide on the day that I launched my digital shop. The irony here, is that today I promised myself I would celebrate.

Now, I'm not going to complete this guide in one sitting, so there is still enough time for me to go grab a bottle of bubbles.

But, I'm starting this list today because I can feel, in real time, how easy it is to skip this step.

It's so easy to launch the thing, sign the client, or make a big ask, only to revel in our excitement for a total of 10 minutes before we move on.

I'm creating this guide for you, and for myself.

My hope is that with this list of 30 ideas for how to celebrate ourselves, we'll begin to make it something we plan for, rather than glaze over.

Cheers to you babe!

On Your Own:



Celebrating alone is powerful. It's just you, your environment, and your accomplishments. Heck yes.

1. Put your phone on airplane mode and create something, just for fun.
2. Visit a museum.
3. Stroll through a botanical garden.
4. Solo picnic (with wine and a magazine!).
5. Get lost in a bookstore.
6. Take a bath while listening to relaxing music.
7. Bring home a new plant.
8. Make your own "award" or certificate and hang it up.
9. Write a thank you letter to yourself.
10. Buy a bottle of wine and save it until the anniversary of your accomplishment.
11. Commission a piece of custom artwork.
12. Dedicate a "personal holiday" to your accomplishment and celebrate every year.
13. Buy yourself flowers, *really pretty* flowers.
14. Bring home a new crystal.
15. Build a fort and watch your favorite childhood movie.

With your friends:

Get those group texts ready!

16. Host an "OMG I DID IT!" party.
17. Have a potluck where everyone brings a dish that represents a win.
18. Bottomless mimosas brunch!
19. Group hike- at a scenic overlook, take turns sharing accomplishments.
20. Two words: Spa. Day.
21. Send out an email to your family and friends letting them know what you've been up to. (*You'll be surprised how much they will appreciate this!*)
22. Send a group text and have a GIF party in your honor.
23. Get out the good china and throw an afternoon tea party.
24. Host a paint and sip evening.
25. Throw a launch party and promote the heck out of your thing.
26. Host an "open mic night" and share stories of accomplishments.
27. Group dinner and pretend it's your bday.
28. Karaoke! (*Make sure you sing "Celebrate Good Times."*)
29. Go wine tasting and toast to yourselves all day. Cheers!
30. My personal favorite: Go out dancing.